

SCN 2003 Report from District Health Office of Kapuas

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1. **Supplementation**

Time period: January – September 2002

Status: Routine

Objectives: Decrease the prevalence of nutritional anemia on pregnant and lactation women

Target group: pregnant women, lactation women

Locations: District of Kapuas, Kalimantan Tengah, Indonesia

Partners: All of health centers and health staff in the villages (midwives and nurses)

Funders: Provincial Health Office and local government

2. **Research**

Experiences or lessons learned: Data from January to September 2002

- The number of pregnant women who received combination tablets during first time antenatal care: 8,341 (59.95%)
- The number of pregnant women who received combination tablets during third time of antenatal care: 7,923 (56.97%)
- The number of lactation women (women who give breastfeeding for 2 years) who received combination tablets: 6,837 (54.06%)
- The number of combination tablets that have been distributed from District Drug Store: 31,396 sachets (each sachet contains 30 combination tablets)

From these data, every women from pregnancy to lactation received at least four sachets (120 combination tablets) combination tablets

The effort to analyze the available data on iron and folic acid supplementation have never been done.

The common complaint during combination tablet consumption is nausea. In order to minimize this side effect, every provider has been taught to inform the women to consume the tablets just before sleep.

What partners or organizations have helped make your projects successful?

We receive combination tablets (contain iron and folic acid) from Provincial Health Office. The local government also provide fund to buy the tablets. These tablets are collected and distributed by District Drugs Store. Every health center in District of Kapuas will order the tablets to District Drug Store as much as they need. From the health center, the tablets will be distributed to the midwives and nurses in the villages. The pregnant women who need the tablets will receive them from the midwives and nurses.

- Provincial Health Office and local government as funders
- District Drugs Store as a place to store the tablets

- Health Centers as a distributors in the sub-district level
- Nurses and midwives as a distributors in the villages

Future plans and goals:

We try to analyze the available data from different source in order to cross check the data, take the conclusion that we can get from the data in order to determine the problems and try to solve them through next activities. We hope that we can increase the number of pregnant women who consumed the iron tablet in our district.