

**IRON SUPPLEMENTATION IN PREGNANCY: WHAT  
IS ITS EFFECT ON YOUNG CHILDREN?**

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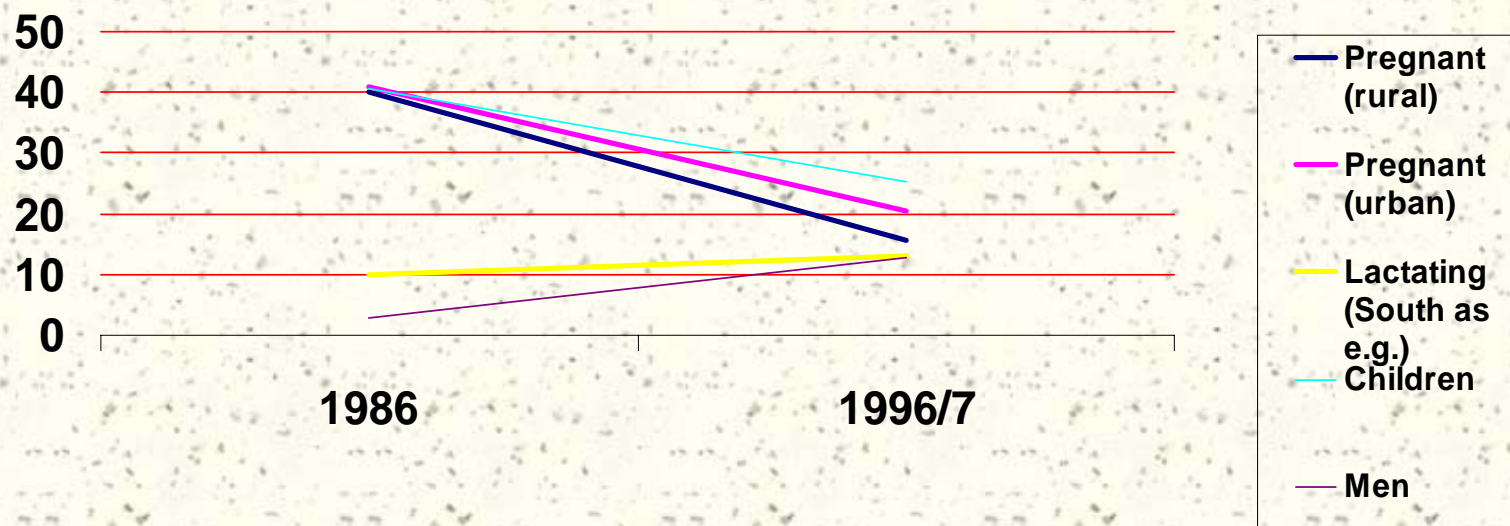
## SUPPLIES: WHAT'S OUR TRACK RECORD FOR PREGNANT WOMEN?

<b>COUNTRY</b>	<b>% RECEIVING PILLS/SYRUP</b>	<b>% RECEIVING THE RECOMMENDED #</b>
<b>ERITREA, '96/97</b>	<b>29.5% IRON PILLS 33.3% MULTI MN</b>	<b>NA</b>
<b>GHANA, '98</b>	<b>77% IRON PILLS 83% FOLATE PILLS</b>	<b>NA</b>
<b>INDIA, '92/3</b>	<b>50.5% IRON-FOLATE PILLS</b>	<b>NA</b>
<b>INDIA, '98/9</b>	<b>57.6% IRON-FOLATE PILLS OR SYRUP</b>	<b>47.5% RECEIVED A 3 MONTHS SUPPLY</b>
<b>INDONESIA, '94</b>	<b>67.1% IRON PILLS</b>	<b>14.4% RECEIVED 90+IRON PILLS</b>
<b>INDONESIA, '97</b>	<b>74.3% IRON</b>	<b>24.4% RECEIVED 90+ IRON PILLS</b>
<b>PHILIPPINES, '98</b>	<b>74% IRON</b>	<b>NA</b>
<b>TANZANIA, '99</b>	<b>44% IRON</b>	<b>NA</b>
<b>YEMEN, '97</b>	<b>20.7% IRON 13% FOLATE 20.2% MULTIS</b>	<b>NA</b>

**SOURCE: DHS**

## CHANGE IN ANEMIA PREVALENCE IN THAILAND 1986-1996/7

### NATIONAL PREVALENCE OF ANEMIA BY GROUP



## **HOW DID THAILAND DO IT?**

- **500,000 COMMUNITY VOLUNTEERS IDENTIFY WOMEN EARLY IN PREGNANCY AND ENCOURAGE THEM TO ATTEND ANC**
- **AS A RESULT 84% OF WOMEN HAVE AT LEAST 4 ANC VISITS AND 98% HAVE AT LEAST ONE VISIT**
- **IRON PILLS ARE GIVEN ROUTINELY TO ALL PREGNANT WOMEN AND NOT DEPENDENT ON HEMOGLOBIN LEVELS**
- **PILL SUPPLIES ARE DECENTRALIZED WITH PROVINCES ESTIMATING THE NUMBERS NEEDED AND MAKING EMERGENCY SUPPLIES AVAILABLE**
- **PROTOCOLS ARE AVAILABLE AND APPROPRIATE MESSAGES ARE USED TO COUNSEL WOMEN TO TAKE IRON**
- **THERE ARE BOTH HEALTH SYSTEM AND NATIONAL MONITORING SYSTEMS**

PREVALENCE OF ANEMIA (%) IN INDONESIA PREGNANT WOMEN AND PRESCHOOL CHILDREN, 1985-1995

